



# Unity Center For Inspired Living

June 2015

## Our Mission: Love In The World

“Love the Lord your God with all your heart and with all your soul and with all your mind.  
Love your neighbor as yourself. All the Law and the Prophets hang on these two commandments.”

Matthew 22:37-40

### Out of the B’lue

#### Come Into Union

*To “communicate” is to join as One, to harmonize, to find common ground, to be of One Mind. When we use our words to create peace and harmony, we are in communion with God, our True Self.*

*When we use our bodies to communicate Love, we experience physical health. When we use our lives to communicate God’s Will, we know Peace and Prosperity. People may use communication to create separation, rather than joining in Love. People may use their physical bodies as an excuse to judge differences, rather than to remember we are all created equal by our Creator.*

To come into Union with God, let us remember:

*God is the Light in which I see.*

*God is the Love in which I forgive.*

*God is the Strength in which I trust.*

*God’s Will is My Will, for I am One with God.*

*I am One Self, United with my Creator, at One with every aspect of Creation, unlimited in Power and in Peace.*

*I communicate the Love and Truth of God.*

*Loving You, Betty Lue*

**SUNDAY SERVICES CHURCH AT 10AM**

**Adult Sunday School: Spiritual Truths—8:30-9:30 AM**

**Prayer and Healing—11-11:15 AM**

6/7 Dr. Robert: “*Communication is Communion*”

6/14 Dr. Betty Lue: “*All Things Work Together in Love*”

6/21 Dr. Robert: “*Honor Protector & Provider*”

6/28 Dr. Betty Lue: “*Let Peace Begin with Me*”

### A Note from Robert

June is focused on *Communication*.

To experience **accurate communication**, you need three ingredients: **Sender, Receiver and Duplication**.

We have lots of sending going on (lots of talk) and, while people *seem* to be listening, not many are *really* present—without an agenda, with an open, accepting mind and really interested in what the other has to say.

Remember—all “receiving” is done through the *filters* of the listener. The more filters (judgments, personal thoughts, etc.), the less “duplication” of the message.

It has been said: “*I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant.*”

The same is true for **spiritual communication**. Betty Lue often talks about “Inner Listening”, or listening to Spirit for guidance. Remember, however, that even guidance gets filtered through what it is we *think* we actually want.

For instance, the message “Take your time” will be heard by the person who already knows where he is going (and is in a hurry to get there) as “Walk, don’t run.” The person who already knows he doesn’t want to do what is being called for, will heave a sigh of relief and interpret this as “Let it go.”

This month, practice willingness to totally “be with” each person; to hear what *they* are saying. Try out seeing the world through their eyes. This month, practice Oneness.

*Blessings, Robert*

**AFTER SERVICE Fellowship & Refreshments—11:15**

6/7 Inner Listen to Heal 11:30-1 with Betty Lue & Robert

6/14 Board Meeting 11:30-1:30

6/21 Fathers’ Day Potluck 11:30-12:30

6/28 Self Talk Workshop: *Forgive and Affirm*-11:30-1

Unity Center For Inspired Living

50 Sand Creek Road, Suite 140, Brentwood, CA 94513

Phone: 925-754-5343 email: [info@InspiredLivingCenter.org](mailto:info@InspiredLivingCenter.org) website: [www.InspiredLivingCenter.org](http://www.InspiredLivingCenter.org)

# Unity Center For Inspired Living PROGRAMS

## WEEKLY PROGRAMS

### **Prayer** (*Prayer Chaplains in Prayer Room*)

Affirmative prayer immediately after Sunday service.

*"We forgive our limiting thoughts and see wholeness and holiness in all things."*

11—11:15 AM All invited to join.

### **Healing** (*Healing Practitioners in Healing Room*)

Hands-on healing immediately after Sunday service.

*"To make Happy is to Heal!"*

11—11:15 AM All invited to join.

### **Children's Program** (*Sunday School Room*)

Bring your children to the Sunday School Room **before** service. Sunday lessons with the children are fun and give the kids an opportunity to do activities so they know they are loved and a part of Unity.

### **Healing Angels: Prayer Visits**

Call **Bettie Danley 925-757-8431** or email **bdanley3@juno.com** if you or anyone you know would benefit from prayer or home visits for prayer or hands-on healing. One of our Unity angels will put you on the prayer chain or call to schedule a time to visit with you. *Love begets Love.*

### **Sunday School: Living Spiritual Principles**

*Every Sunday, 8:30-9:30 AM \*\*Suite 320\*\**

Together, we practice the **Principles of Spiritual Truth** daily. Discussion, support and practice.

*With Revs. Betty Lue and Robert*

*"Forgiveness is the Key to Happiness!"*

### **Monday Practical Spirituality**

**With Dr. Leslie Harrold and Friends**

Practical Spirituality Class continues every **Monday, 12:30 PM to 2:00 PM** in the Sanctuary.

This is a discussion group, in a safe setting, to explore practical applications of the teachings of the Christ and the Unity Principles, in today's world, *We are here to be love in the world. Love Offering.*

### **Tuesday Book Study Support Group**

**First, third and fifth Tuesdays** monthly **10:00 AM** at the home of **Gail Caruso (925-778-2702)**.

Come for reading, meditation and then join us for lunch. Bring a bag lunch and coffee and/or tea is provided.

**Inspiration & Prayer Line: 925-500-8120**

*Call for a recorded inspirational message.*

### **2nd and 4<sup>th</sup> Tuesdays**

**ACIM: Owner's Manual**

*June 9 & 23*

**10:00-11:30AM**

*Do you resonate with A Course In Miracles principles?*

Are you interested in reading a more simplified version these principles? *Would you like to meet with others who want to explore and share these ideas together?*

I am facilitating a book study using a wonderful publication called "**Your Owner's Manual**" by Burt Hotchkiss. We will meet every **2nd and 4th Tuesday** at

**Brentwood Unity Center** for Inspired Living from **10-11:30 AM. Suggested donation is \$5-10 per class.** (100% to Unity). For info on the book, go to <http://www.yourownersmanual.com>.

Contact **Betty Weber** at **925-890-4418**.

### **1<sup>st</sup> and 3<sup>rd</sup> Wednesdays**

**Finding Freedom Discussion Group**

*June 3 & 17*

**9:00-10:00 AM**

Discussion about discovering the gift of freedom and finding peace and joy every day. Explore the *Course in Miracles principles* and discuss how to apply them to every day living. Sharing, learning, listening to one another. Love offering.

Facilitator: **Amy Van Linge (925) 354-8932**

### **Thursdays**

**6:00-8:00 PM**

*Thursday evenings are special for those who are interested in healing and meditation.*

### **1<sup>st</sup> Thurs. Reiki Masters**

Our focus is on further education and practice for Reiki Master practitioners to support their practice and to prepare them to receive the blessing to teach.

### **2<sup>nd</sup> & 4<sup>th</sup> Thurs. Meditation & Healing**

*Prayer • Meditation • Energy Work*

Open to all who are called to this healing time.

### **3<sup>rd</sup> Thurs. Reiki Share**

Good for those who are caring for others and need some increased energy and care for themselves. All persons who have had Reiki II are invited to participate.

*Love Offering: We appreciate all donations.*

**Facilitators: Bonnie Daniel and Ray Wilson**

Call **Bonnie** at **925-989-5960** for more information

## **Ubuntu Workshop** *A Blueprint for Human Prosperity*

June 7th 2:30 - 6:30 PM

With Michael Tellingner

Held in Unity Center for Inspired Living Sanctuary

Cost \$30

[www.Michaletellingner.com](http://www.Michaletellingner.com)

Contact: Holly Cook 925-354-4508

### **Food - Glorious Food!** **Sharing is Caring**



This month marks the 2nd year that our Unity Center has been providing food for the Oakley Loaves and Fishes. They are considered a "safety net food provider" for the homeless and low income and with our donations, a pantry was established. Let's continue to share our abundance by adding more items to the white container just inside the fellowship door.

### **Listening with Compassion**

#### **What to listen to?**

Listen to the words, the feeling, the meaning.

Listen between the words and beneath words.

#### **What to listen for?**

Listen for the reason, for the calling, for the Love.

#### **Why to listen?**

Listen to help, to serve, to learn, to connect, to care, to respond, to release.

#### **Qualities of listening with compassion.**

Listen with non-judgment.

Listen with respect.

Listen with trusting.

Listen with true empathy.

Listen with detachment.

## **Loving Reminders from Betty Lue**

### **True Communication**

#### **Judgment separates people.**

We attach to our perceptions and cannot afford to be mistaken.

We make the mistake of holding our judgmental opinion or position.

We see, believe and defend the judgments we have.

#### **True communication invites intimacy and union.**

We open fully to seeing from the other's viewpoint.

We listen without defenses, assumptions or opinions.

Communication facilitates coming together with the intention of respect, understanding and love.

#### **True communication requires respect.**

Respect is the willingness to look again.

Respect gives us another's perspective.

Respect opens the door to mutual understanding.

#### **True communication asks us to respond.**

True communication is the coming together of both parties to respond to the needs of both.

True communication is the willingness to listen within to the deeper calling of all concerned.

True communication is responding with what is for the highest good of both.

#### **True communication comes from Spirit within.**

True communication comes from the forgiving heart.

True communication seeks to extend peace.

True communication is a gift of loving kindness.

#### **True communication dissolves all separation.**

True communication sees wholeness and goodness.

True communication brings a union of souls.

True communication comes from God.

#### **When I have not forgiven, I forget what is true.**

When I have forgotten the truth, I forsake my Self.

When I have forsaken my Self, I am lost my faith.

When I have lost faith, I must first seek God within.

#### **I seek, serve & support true communication.**

Please forgive any errors in my judging mind.

Forgiveness is our gift to the other and to ourselves.

#### **I forgive myself for forgetting what is True.**

*Betty Lue*

#### **Receive Daily or Weekly Loving Reminders via**

**email or at [www.LovingReminders.org](http://www.LovingReminders.org)**

*Written each morning from inspired inner guidance.*

## Helpful Information

### Contact Information

50 Sand Creek Road #140, Brentwood, CA 94513  
Telephone: (925) 754-5343 Prayer (925) 500-8120

#### Spiritual Leaders

Dr. Robert Waldon-Robert@InspiredLivingCenter.org

Dr. Betty Lue Lieber-BettyLue@InspiredLivingCenter.org

Music: Betty Young Weber

Flowers: Luinda Dayak

#### Spiritual Advisory Board:

Gregory Barnes	(925) 665-4004
Jannie Bates	(925) 754-1593
Bettie Danley	(925) 757-8431
Betty Lue Lieber	<b>(800) 919-2392</b>
Arleigh Nave	(925) 755-9977
Jan Knight	(925) 813-0422
Karen Mingus	(925) 684-4528
Nancy Pimentel	(925) 753-5764
Barbara Tuck	(925) 513-1108
Chuck Turner	(925) 684-4604
Kelly Turner	(925) 212-2756
Amy Van Linge	(925) 354-8932
Betty Weber	(925) 890-4418
Ray Wilson	(925) 759-8676
Robert Waldon	<b>(925) 324-6030</b>
Louis Williams	(925) 752-2538

Visit us online: [www.InspiredLivingCenter.org](http://www.InspiredLivingCenter.org)

Prayer Requests: Call Bettie Danley, 925-757-8431

Silent Unity Prayer Line: (800) 669-7729

Our Website: [www.InspiredLivingCenter.org](http://www.InspiredLivingCenter.org)

Silent Unity Website: [www.unityonline.org](http://www.unityonline.org)

Reunion Ministries: [www.LovingReminders.org](http://www.LovingReminders.org)

### Financial Report

**Prosperity is more than finance, but true prosperity is often reflected in finance.** I want to acknowledge the good inner work being done by our Prosperity Team with *The Abundance Book* (see Chuck for more information about this) as well as the "contributions" of reduced salary from Betty Lue & Robert (\$1,000/mo) and Betty Weber (\$200/mo).

**We are creating an abundance of Love in Our World and wonderfully supporting our Loving.**

#### This Month: April, 2015

**Income = \$7,970 Expense = \$5,891**

**Net = \$2,079**

#### Year To Date: January-April

**Income = \$30,034 Expense = \$26,476**

**Net = \$3,558**

## RIDES !!

These individuals have generously volunteered to be available for rides to church. THANK YOU! Call them to check their schedules and make arrangements.

**Brentwood:** Debbie Luckhardt 550-3246

Kelly Turner 212-2756

**Brentwood & Antioch:**

Chuck Turner 684-4604

**Brentwood & Oakley:**

Florence Cleisz 415-312-0036

**Antioch & Oakley:**

Jannie - 954-1593

**Antioch:** Gail Caruso 778-2702

Arleigh Nave 755-9977

**Pittsburgh:** Luinda Dayak 261-9015,

Jan Knight 439-3976

from most anywhere: Gregory Barnes 665-4004

### UNITY CENTER BRENTWOOD FUND RAISER

# YARD SALE

#### Volunteers to help set up

Meet at Kelly's

on Friday at 5:00p.m

Saturday starting at 5:00 a.m

For short shifts until 2 p.m.

#### Open to public Saturday June 6<sup>th</sup>, 7am-2pm

6241 Brentwood Blvd (.5 miles N. of Lone Tree)

Kelly & Paul Turner's "yard"!

#### DONATE! DONATE! Donate!

Glassware, Dishes, Pots, Pans, Knick-Knacks, Furniture, Jewelry, Toys,  
Books, Baby equipment etc

#### PRICE YOUR OWN ITEMS

with masking tape or tags

To drop off items call

Kelly at 925-212-2756

All unsold items will be donated to Goodwill.

#### All proceeds donated to Unity Center for Inspired Living

Call Barbara (925-522-1181) or

Nancy (925-753-5764) for more information!